

# WORDS DON'T COST A THING



In aid of  
 mind Devon

 mind Cornwall

 mind  
in Somerset

## Send a message of support to those in need this festive season

Simply write your thoughtful message on a postcard, and  
we'll pass these on to people on their own this winter

Pick up a free postcard in branch or download at [www.rgbld.co.uk](http://www.rgbld.co.uk)

**We're proud to help support our local communities**

To find out more about the services and support that local Mind  
charities offer, please visit their website: [www.mind.org.uk](http://www.mind.org.uk)

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